



**Anne Cole, 2012 Grant Winner – Dressage
Henrik Johansen Clinic, River Run Ranch**



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Full Report

I was lucky enough to receive the Equestrians Institute grant. I put the money toward a Dressage clinic with Henrik Johansen. I have ridden with him before and each time I learn something new that sticks with me. This clinic went from Thursday to Friday, March 8th and 9th. I had finals at school the week of the clinic so I was pretty tired. But, I was undeniably excited! I am currently sixteen-years-old and a sophomore at The Bush School. After I got out of school we went to the barn to pick up my horse, Sunny, a thirteen-year-old Paint gelding. Once I arrived at River Run Ranch, the beautiful farm where the clinic was to take place, all of my fatigue and stress over school immediately dissipated. I was ready to ride!

On Thursday we focused predominantly on suppling, working toward collection. We spent most of the lesson getting Sunny supple behind the ear on both the left and right sides. Henrik helped me to make the jump from being able to get Sunny supple and round a lot of the time to being able to get Sunny supple, round and through most, if not all the time. For Friday's lesson we solidified the suppling work then moved on to the start of collection. Then we worked on getting more collection at the trot and canter.



Overall I had a fantastic time at the clinic. As I look forward to the show season and throughout my riding career I will continue to use what I have learned through this fantastic experience. ***Thank you Henrik, EI, Matt, Wendy, Julie and Sunny for making this experience available to me! --Anne Cole, 2012 Grant Winner***

Anne is a 2nd-generation member of EI, and has been a reliable test runner at many EI shows. Anne also has earned her USEF Varsity Letter.